



January 2019

St. Joseph's Home

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

10:00 Mass/ Rosary **1**
 10:30 Coffee Hour/ Exercise-SCDR
 2:30 Wine & Cheese Social With Funny New Year Resolution Trivia & Jokes in SCDR
 4:15 Game Time on 2nd Floor in Sunroom
 6:00 Pam's Choice- SCDR
 New Year's Day

2
 10:00 Mass/ Rosary
 10:30 Coffee Hour/Daily Chronicle-SCDR
 1:00 Pet therapy with Jordy.
 2:15 Refreshment &
 2:30 Bingo in SCDR
 4:00 Wine & Cheese Social in 2nd Dining Room
 6:00 Trivia- SCDR

3
 10:00 Mass/ Rosary
 10:30 Coffee Hour/ Exercise-SCDR
 2:30 Guitar Music with Dan Wilson in SCDR
 4:00 Game Time on 2nd Floor in Sunroom
 6:00 LRC Game in SCDR

4
 10:00 Mass/ Rosary
 10:30 Coffee Hour
 2:15 Refreshments
 2:30 Bingo in SCDR



5
 10:00 Mass/ Rosary
 10:30 Coffee Hour/ Daily Chronicle in SCDR
 2:30 Po*Ke*No in LIB
 4:00 Card Games on 2nd Floor in Sunroom
 6:00 Pam Choice- SCDR

6
 10:00 Mass
 10:30 Coffee Hour-LIB
 2:00 Cake & Ice Cream (Sr. Mary Kieran Circle Of SJH Coterie)
 3:00 Jingo- LIB
 6:00 LRC Game- SCDR

7
 10:00 Mass/ Rosary
 10:30 Coffee Hour/ Daily Chronicle- SCDR
 2:15 Refreshments &
 2:30 Bingo in SCDR
 4:15 Game Time-2nd Floor
 6:00 Trivia in SCDR

8
 10:00 Mass/ Rosary
 10:30 Coffee Hour/ Exercise-SCDR
 1:00 Pet therapy with Jordy.
 2:30 Celebrating Elvis Birthday With Elvis Himself in SCDR
 4:15 Game Time-2nd Floor in Sunroom
 6:00 Activities Choice-SCDR

9
 10:00 Mass/ Rosary
 10:30 Coffee Hour/Daily Chronicle-SCDR
 2:30 Piano Music With Michael Lanham in SCDR
 4:00 Wine & Cheese Social in 2nd Dining Room
 6:00 Trivia- SCDR

10
 10:00 Mass/ Rosary
 10:30 Coffee Hour/ Exercise-SCDR
 2:30 Family Feud Game in LIB
 4:00 Game Time on 2nd Floor in Sunroom
 6:00 LRC Game in SCDR

11
 10:00 Mass/ Rosary
 10:30 Coffee Hour
 2:15 Refreshments
 2:30 Bingo in SCDR
 4:15 Games Time-2nd Floor
 6:00 Trivia Pursuit in SCDR

12
 10:00 Mass/ Rosary
 10:30 Coffee Hour/ Daily Chronicle in SCDR
 2:30 Bible Study- SCDR Pawnee Assembly Church
 4:00 Card Games on 2nd Floor in Sunroom
 6:00 Kendra's Choice- SCDR

13
 10:00 Mass
 10:30 Coffee Hour-LIB
 2:00 Cake & Ice Cream (Sr. Mary Kieran Circle Of SJH Coterie)
 3:00 Jingo- LIB
 6:00 LRC Game- SCDR

14
 10:00 Mass/ Rosary
 10:30 Coffee Hour/ Daily Chronicle- SCDR
 2:15 Refreshments &
 2:30 Bingo in SCDR
 4:15 Game Time-2nd Floor
 6:00 Trivia in SCDR

15
 10:00 Mass/ Rosary
 10:30 Coffee Hour/ Exercise-SCDR
 1:00 Pet therapy with Jordy.
 2:30 Mary Bryant Home Singer in SCDR
 4:15 Game Time-2nd Floor in Sunroom
 6:00 Pam's Choice-SCDR

16
 10:00 Mass/ Rosary
 10:30 Coffee Hour/Daily Chronicle-SCDR
 2:30 Price is Right Game in SCDR
 4:00 Wine & Cheese Social in 2nd Dining Room
 6:00 Trivia- SCDR

17
 10:00 Mass/ Rosary
 10:30 Coffee Hour/ Exercise-SCDR
 2:30 Jeopardy in Library
 4:00 Game Time on 2nd Floor Sunroom
 6:00 LRC Game in SCDR

18
 10:00 Mass/ Rosary
 10:30 Coffee Hour
 2:15 Refreshments
 2:30 Bingo in SCDR



19
 10:00 Mass/ Rosary
 10:30 Coffee Hour/ Daily Chronicle in SCDR
 2:30 True or False Trivia in LIB
 4:00 Card Games on 2nd Floor in Sunroom
 6:00 Pam's Choice- SCDR

20
 10:00 Mass
 10:30 Coffee Hour-LIB
 2:00 Cake & Ice Cream (Sr. Mary Kieran Circle Of SJH Coterie)
 3:00 Jingo- LIB
 6:00 LRC Game- SCDR

21
 10:00 Mass/ Rosary
 10:30 Coffee Hour/ Daily Chronicle- SCDR
 2:15 Refreshments &
 2:30 Bingo in SCDR
 4:15 Game Time-2nd Floor
 6:00 Trivia in SCDR
 Martin Luther King Day
 Tu B'Shevat

22
 10:00 Mass/ Rosary
 10:30 Coffee Hour/ Exercise-SCDR
 1:00 Pet therapy with Jordy.
 2:30 Music with Mob on The Road in SCDR
 4:15 Game Time-2nd Floor in Sunroom
 6:00 Activities Choice-SCDR

23
 10:00 Mass/ Rosary
 10:30 Coffee Hour/Daily Chronicle-SCDR
 2:30 Wheel of Fortune in LIB
 4:00 Wine & Cheese Social in 2nd Dining Room
 6:00 Trivia- SCDR

24
 10:00 Mass/ Rosary
 10:30 Coffee Hour/ Exercise-SCDR
 2:30 Travel Across the World with Armchair Travels in SCDR
 4:00 Game Time on 2nd Floor in Sunroom
 6:00 LRC Game in SCDR

25
 10:00 Mass/ Rosary
 10:30 Coffee Hour
 2:15 Refreshments
 2:30 Bingo in SCDR
 4:15 Games Time-2nd Floor
 6:00 Trivia Pursuit in SCDR

26
 10:00 Mass/ Rosary
 10:30 Coffee Hour/ Daily Chronicle in SCDR
 2:30 Po*Ke*No- in LIB
 4:00 Card Games on 2nd Floor in Sunroom
 6:00 Kendra's Choice- SCDR

27
 10:00 Mass
 10:30 Coffee Hour-LIB
 2:00 Cake & Ice Cream (Sr. Mary Kieran Circle Of SJH Coterie)
 3:00 Jingo- LIB
 6:00 LRC Game- SCDR

28
 10:00 Mass/ Rosary
 10:30 Coffee Hour/ Daily Chronicle- SCDR
 2:15 Refreshments &
 2:30 Bingo in SCDR
 4:15 Game Time-2nd Floor
 6:00 Trivia in SCDR
 Australia Day (observed)

29
 10:00 Mass/ Rosary
 10:30 Coffee Hour/ Exercise-SCDR
 1:00 Pet therapy with Jordy.
 2:30 Monthly Birthday Party with Mark Fenoglio- SCDR
 4:15 Game Time- on 2nd Floor in Sunroom
 6:00 Pam's Choice-SCDR

30
 10:00 Mass/ Rosary
 10:30 Coffee Hour/Daily Chronicle-SCDR
 2:30 Deal or No Deal in Library
 4:00 Wine & Cheese Social in 2nd Dining Room
 6:00 Trivia- SCDR

31
 10:00 Mass/ Rosary
 10:30 Coffee Hour/ Exercise-SCDR
 2:30 Resident Council Meeting in Library
 4:00 Game Time on 2nd Floor in Sunroom
 6:00 LRC Game in SCDR

Pet Therapy Sawyer- 16th Jack-



Calendar is Subject to Change

December Recap



Deployed Care Packages



Sing along with Mr. and Mrs. Claus

January Birthdays

- Renee Housel 1-4
- Georgia Schultz 1-8
- Veronica DeRosa 1-11
- James Morris 1-23

Staff January Birthdays

- Erin Draper 1-2
- Rebecca Irvin 1-6
- Tonya Wallace 1-13
- Capria Perkins 1-13
- Henry Harper 1-14
- Diane Judd 1-15
- Gloria Broomfield 1-22
- Kim Thornton 1-24
- Jenny Danes 1-28
- Jacinta Alexander 1-28

Anniversary

- Diane Judd 1-5
- Darlene Edge 1-18
- Rodney Taylor 1-19
- Barb Creighton 1-23
- Jericka Lockett 1-23
- Leslie Peterson 1-27
- Sterling Edge 1-28
- Brianna Orr 1-30

St. Joseph's Home

3306 S. 6th St. Rd. Springfield, IL 62703 (217)529-5596



Celebrating January Activity Professional Week January 20-26th

**Law Enforcement
Appreciation**
January 9

**Wear your Favorite
Hat & Scarf**
January 10

**Make Your Dream Come
True Day**
January 13

Popcorn Day
January 19

Martin Luther King Jr. Day
January 21

National Pie Day
January 23

National Peanut Butter Day
January 24

Opposite Day
January 25

Hot Chocolate Day
January 28

New Year, Lasting Traditions

Another new year begins, and all around the world people will be popping champagne, singing "Auld Lang Syne," and kissing loved ones at the stroke of midnight. But just why, exactly, do we repeat these New Year's traditions year after year?

Bubbly champagne is the drink of choice on New Year's. Its invention is often credited to Dom Perignon, the Benedictine monk who oversaw the wine cellars of his abbey in the year 1697. While others saw bubbles as a problematic sign that wine had spoiled, Perignon perfected the production of this new fermented drink known as champagne. From its beginnings in the abbey cellar, champagne was regularly used in religious celebrations such as consecrations and coronations. It then made the natural transition to secular celebrations, most notably at the soirees of the French aristocracy. As champagne became cheaper and more accessible, it became the classiest beverage to offer during the holidays.

Scotland's national poet Robert Burns penned the words to "Auld Lang Syne" in 1788 and sent them to the Scots Musical Museum, requesting that his lyrics be set to an old Scottish folk tune. The phrase *auld lang syne* roughly translates to "for old times' sake," and, fittingly, the nostalgic song is about preserving friendships. The tune was often sung at funerals, farewells, and other group celebrations. It finally made it to America in 1929, when the Guy Lombardo Orchestra played it at a New Year's celebration in New York's Roosevelt Hotel.

No New Year's party is complete without a kiss at the stroke of midnight. In ancient times, the winter darkness was the domain of evil spirits. At New Year's masquerade balls, scary masks were torn off at midnight, and a kiss was shared as an act of purification to chase away malign spirits. For centuries, New Year's has been a time of celebration, nostalgia, and hope.

One of the many Program That St. Joseph's Home Offers

Music and Memory

- What is Music and Memory?
Music and Memory helps people living with a wide range of cognitive and physical challenges to find renewed joy in life through musical favorites. Our team is trained to develop personalized playlists, delivered through iPods, a key element in the individual's plan of care.
- How does personalized Music make a Difference?
 - Beloved music help to reduce depression and anxiety and can also moderate pain.
 - Musical favorites tap deep memories and can improve quality of life
 - Participants are happier, more social and receptive to care and family visits.
 - Personalized music can help to reduce reliance on anti-psychotic, anti-depressant and pain medications.
- Who can participate?
 - People with Alzheimer's and other forms of dementia
 - Individuals who are bed-bound, on dialysis or ventilators
 - People with chronic pain
 - Those receiving hospice care
 - But anyone who wants one can participate in it.

