



# February 2019

## Holy Family Center St. Joseph's Home of Springfield

Sunday Spiritual	Monday	Tuesday Brain Booster	Wednesday Creative Arts	Thursday Health & Wellness	Friday	Saturday Calming
<b>Morning Activities</b> Mass Coffee Hour- LIB Moving to the Music Small Group	<b>Morning Activities</b> Mass Coffee Chat/ Daily Chronicle Small Group 1:1 Visit	<b>Morning Activities</b> Mass Coffee Chat's/ Daily Chronicle Balloon Toss Brain Fitness- Finish the Phase 1:1 Visit	<b>Morning Activities</b> Mass Coffee Chat's/ Daily Chronicle Bowling Noodle Ball	<b>Morning Activities</b> Mass Coffee Chat's/ Daily Chronicle Reminiscing Sensory Games 1:1 Visit	<b>Morning Activities</b> Mass Coffee Chat's/ Daily Chronicle Folding Towels & Wash Cloths Balloon Toss	<b>Morning Activities</b> Mass Coffee Chat's Coloring 1:1 Visit
<b>Afternoon Activities</b> 1:1 Visit Movie Cake and Ice Cream in SCDR Social Chat & Snack Easy Listening to Music Hand Messages	<b>Afternoon Activities</b> Games Easy Listening to Music VR 1:1 Visit Sensory Boxes Social Chat & Snack Bingo in SCDR	<b>Afternoon Activities</b> Pet Therapy Every Picture Tells a Story Social Chats & Snack Chair Chi Sorting Games	<b>Afternoon Activities</b> Crafter's Corner Reminiscing Social Chats & Snack Color Me Calm	<b>Afternoon Activities</b> Spa Day Manicures Social Chats & Snack Soothing Aromatherapy	<b>Afternoon Activities</b> Cook's Corner Social Chats & Snack 1:1 Visit Noodle Ball Quiet Time & Meditation	<b>Afternoon Activities</b> Movie & Popcorn Story Telling Reminiscing Meditation

Main Dining Room

Feb 6th Easy listening music with Dale B  
 Feb 7th Guitar Music with JR  
 Feb 8th Instrumental Music Michael Garrett  
 Feb 12th Piano Music with ED Clark  
 Feb 14th Valentine Party with Dan Wilson  
 Feb 19th Music with Mary Bryant Home  
 Feb 20th Monthly Birthday Party with New Jerusalem Singer  
 Every Wednesday at 4:00 pm Wine and Cheese on 2nd Floor in Dining Room

Pet Therapy

Sawyer-

Jack- 13th



**Calendar is Subject to  
Change**

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